



Bienestar Resiliente

Soft Skills List

Active Listening
Artistic and aesthetic sensibility
Assertiveness
Business accumen and business trend awareness
Business etiquette
Business writing skills
Capacity to deal with difficult or complex situations
Capacity to deal with difficult personalities
Capacity to deal with office politics and power games
Coaching skills
Collaboration, cooperation and co-creation skills
Competitiveness
Confidence
Conflict management and conflict resolution
Courtesy and friendliness
Creativity
Critical observation
Critical thinking
Customer service
Decision-making
Dedication and Perseverance
Delegation and Empowerment
Design aptitude
Detail oriented
Diversity and inclusion awareness
Effective Communication
Emotional control and composure
Emotional intelligence
Empathy

Energy, Passion and Enthusiasm
Flexibility and Adaptability
Following directions and instructions
Following regulations, rules and procedures
Giving clear feedback
Honesty
Humor
Independency and autonomy
Innovation and permanent improvement
Inspiring and mobilizing people
Intercultural competence
Interviewing skills
Knowledge management
Leadership, influence and persuasion
Logical thinking
Managing team performance and discipline
Management and Supervisory skills
Managing difficult conversations and ability to confront
Managing remote/virtual teams
Meeting deadlines
Meeting management
Mentoring skills
Motivational skills
Multitasking
Negotiation
Networking and interpersonal skills
Nonverbal communication and body language
Organization and personal effectiveness
Passion for learning and development
Patience
People Management Skills
Performs well under pressure and deadlines
Planning, structuring and scheduling
Positive attitude and optimism
Presentation and facilitation skills
Problem Solving
Process improvement
Professional Ethics and Business Compliance
Project management skills

Public speaking
Punctuality
Quality oriented
Reading body language and emotions
Reliability and Dependability
Resilience
Resourcefulness and research skills
Respectability and respectfulness
Results and Goals orientation
Safety conscious
Self-awareness
Self-directed
Self-motivated and proactive
Self-supervised, disciplined
Storytelling
Strategic planning
Strategic thinking and insight
Stress management
Talent management
Team building
Team leadership
Team player
Technology savvy and trend awareness
Thinking outside the box
Time management
Tolerance to changes and uncertainties
Tolerance to failure
Values and integrity
Willing to search and accept feedback
Work-life balance and wellbeing
Writing business reports and proposals